



# PALMERS

— BAR & KITCHEN —

WELCOME TO PALMER'S BAR & KITCHEN, A DESTINATION GASTRO PUB BRINGING DELICIOUS DINING TO BUSHYPARK.

Palmer's Bar & Kitchen is a contemporary bar and restaurant. The Palmers of Glenlo Abbey in 1897 were an influential milling family who made their home here for the next 90 years. Celebrating their legacy, Palmer's Bar & Kitchen offers the very best in Irish hospitality.

Taking its origins from the best of local produce, Palmer's Bar & Kitchen showcases dishes crafted of seasonal ingredients sourced in the West of Ireland.

Palmer's bar showcases a fine selection of wines and beers to compliment the surroundings as well as classic and botanical infused cocktails.

Alongside a premium bar experience, you'll find quality live music on weekends as well as viewing of key sporting fixtures on big screens

## STARTERS

Leek and Potato Soup VG € 8.50

(9, 12)

Pan Seared Scallops € 16.50

Black pudding puree, pickled cauliflower and apple salsa

(1a, 1d, 2, 7, 9, 12)

Connemara Seafood Broth € 13.50

Prawns, organic vegetables, mussels, clams

(2, 4, 9, 12)

Achill Island Lamb Fillet € 14.50

Polenta crumb, whipped feta, mint and caper dressing

(7, 9, 12)

Bulgar Wheat Salad € 12.50

Pickled cucumber, tomato, chickpea, beetroot,  
edamame, lemon and herb dressing VG

(1a, 6, 12)

Warm Goats Cheese Tartlet € 13.50

Red onion marmalade, confit tomato, rocket,  
basil and hazelnut pesto

(1a, 7, 8b, 12)

**Sides** € 6.50

Fries

Parmesan and truffle fries (3, 7, 12)

Mashed Potato (7)

Organic Baby Potatoes

Sauteed Wild Mushrooms

Mixed Greens with lemon and herb dressing (12)

## MAIN COURSE

**Grill** (Our beef is grass fed and dry Aged for 28 days, certified with PGI status) Served with vine tomatoes, wild mushrooms, pont neuf (12)

10oz Striploin € 42.50

10oz Rib-Eye € 43.50

Choice of sauce: Garlic Butter (7, 12), Pepper Sauce (7, 9, 12)  
Chimichurri (12)

10oz Gilligan's Burger € 23.50

Connemara caramelised onions, Kylemore cheese, rocket, truffle aioli  
(1a, 3, 7, 10, 12)

Pan Fried Cod (Palmer's 'fish and chips') € 26.50

Pont neuf, gherkin and caper hollandaise, batter scrumps  
(3, 4, 7, 12)

Pan Seared Seatrout € 27.50

Organic baby potatoes, samphire, trout caviar beurre blanc  
(4, 7, 12)

Roast Chicken Supreme € 24.50

Chorizo and butterbean cassoulet, crispy chicken skin  
(9, 12, 13)

Sweet Potato Gnocchi € 19.50

Wild mushroom, kale, vegan feta, lemon, basil & hazelnut pesto VG  
(8b, 12)

All our Beef is Irish

V – Vegetarian

VG - Vegan

## Tea / Coffee

Tea	€ 4.70
Americano	€ 4.70
Latte	€ 4.90
Cappuccino	€ 4.90
Mocha	€ 5.00
Hot Chocolate	€ 5.00
Baby Chino	€ 3.50

## Speciality Coffee

Connemara	€ 9.50
Irish Coffee	€ 9.50
Russian	€ 9.50
French	€ 9.50
American	€ 9.50
Calypso	€ 9.50

### Glenlo Abbey Hotel & Estate

is pleased to work with the following local food suppliers:

Marys Fish Shop, Corrib Free Range Eggs, Burkes Fruit & Vegetables, Sysco, Curley's Fruit & Vegetables, Aran Islands Goats Cheese, La Rousse Foods

**The below numbers contain the following allergens.**

1 Cereals Containing Gluten, 1a Wheat, 1b Rye, 1c Barley, 1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Milk, 8 Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pinenuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites, 13 Lupin, 14 Mollusks