



PALMERS

— BAR & KITCHEN —

Lunch Menu Served 12pm - 5pm

Brunch

Avocado Sourdough, Poached eggs, confit cherry tomatoes (1a, 3, 12)	€ 12.95
Eggs Benedict or Florentine or home-cured Royale (1a, 3, 4, 7, 12)	€ 12.95
Breakfast Ciabatta, Smoked bacon, Loughnane's sausage, fried egg, tomato relish (1a, 1d, 3, 7, 9, 12)	€ 14.50

Sandwich, served with fries and salad, add a cup of soup for €2.50

Home Cured Salmon, Irish soda bread, horseradish mayo, lemon, capers, red onion (1a, 3, 4, 7, 12)	€ 14.50
Classic Club Sandwich, BLT, chicken, egg (1a, 3, 7, 9, 12)	€ 14.50
Steak Sandwich, Grilled sirloin, mushrooms, onions, Kylemore cheese, pepper sauce (1a, 7, 12)	€ 17.50

Starters & Salads

Connemara Seafood Broth, Prawns, organic vegetables, mussels, clams (2, 4, 9, 12)	€ 13.50
Leek and Potato Soup, Served with homemade brown bread (9, 12)	€ 8.50
Caesar Salad, Garlic and thyme croutons, bacon lardons, shaved Parmesan (1a, 3, 7, 9, 10, 12)	€ 10.50
Superfood Salad, Bulgur wheat, pickled cucumber, tomato, chickpea, beetroot, edamame, lemon and herb dressing (1a, 6, 12)	€ 11.50
Salad additions	
Grilled Chicken Fillet (12) €3.50 or Tiger Prawns (14) €4.50 or Grilled Halloumi (7) €3.00	

Mains

10oz Gilligan's Burger, Caramelised onions, Kylemore cheese, rocket, truffle aioli (1a, 3, 7, 10, 12)	€ 23.50
Traditional Fish & Chips, Minted peas, tartare sauce (3, 4, 7, 12)	€ 23.50
Sweet Potato Gnocchi, Wild mushroom, kale, vegan feta, lemon, basil & hazelnut pesto (8, 12)	€ 19.50
Mushroom Burger, Charcoal bun, avocado, spicy miso, Asian slaw (1a, 6, 9, 11, 12)	€ 19.50
Roast Chicken Supreme, Chorizo and butterbean cassoulet, crispy chicken skin (9, 12, 13)	€ 24.50

Grill (Our beef is grass fed and dry aged for 28 days, certified with PGI status)

Served with vine tomato, wild mushrooms, pont neuf (12)

Garlic Butter (7, 12) or Peppercorn Sauce (7, 9, 12)

10oz Striploin	€ 42.50
10oz Rib-Eye	€ 43.50

Sides

Fries, Parmesan and Truffle Fries (3, 7, 12), Mashed Potato (7), Sauteed Wild Mushrooms, Steamed Greens, Mixed Salad (12)	€ 6.50
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Menu Allergen Codes for your information

1. Cereals Containing Gluten, 1a wheat, 1b Rye, 1c Barley, 1d Oats
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soya
7. Milk
8. Nuts 8a Almond, 8b hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan nuts, 8f Brazil, 8g Pistachio, 8h Macadamia 8i Pine nuts
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide and Sulphites
13. Lupin
14. Molluscs

