



AVAILABLE FROM 12.00-16.00

### Soup's

**SOUP OF THE DAY (7,9)**

Ask Your Waiter for The Soup of The Day

**€5.90****SEAFOOD CHOWDER (4, 7, 9, 12, 14)**

Mussels, Dillisk, Fresh & Smoked Fish

**€7.90**

### Sandwiches

**CLUB CLASSIC (1A, 3, 6, 10, 9)**

Chicken, Bacon, Lettuce, Tomato & Egg on  
White or Brown Bread with Ballymaloe Relish

**€10.50****CONNEMARA (1A, 3, 4, 7,10,12)**

Open Homemade Brown Bread, Smoked Salmon,  
Cucumber, Herb Cream Cheese & Caper Berries

**€11.50****GLENLO SPECIAL (1A, 7, 10, 12, 13)**

Baked Ham, Tomato, Red Onion & Cheddar  
Toasted on Brown or White Bread

**€9.50****WRAP (1A, 6, 7, 11)**

Falafel, Avocado Puree, Leaves,  
Spiced Hummus & Coriander Yoghurt

**€9.50****HEREFORD STEAK SANDWICH (1A, 3, 7, 9, 12)**

Caramelised Onions & Roasted Red Pepper,  
Black Pepper Mayo in Rustic Baguette

**€17.90****OPEN CRAB (1A, 2, 3, 7, 10, 12)**

Picked Castletownbere Crab, Mango Chilli  
Lime & Coriander Mayo, in a Brioche Roll

**€11.50****MC GEOUGH'S 6OZ BEEF BURGER (1A, 3, 7, 9, 12)**

Glenlo Burger Sauce, Rocket, Kylemore Cheese,  
Pickles & Bacon Jam

**€15.90****MONKFISH BUTTY (1A, 3, 4, 7, 9, 12)**

Fried Monkfish Fingers, Cos Lettuce, Dillisk Sauce  
Gribiche, Beef Tomato

**€16.90**

### Salads

**CAESAR SALAD (1A, 3, 4, 7, 10, 12)**

Baby Gem, Shaved Parmesan, Bacon Crisp,  
Ciabatta Croutons & Classic Dressing,

**ADD CHICKEN + €3.70****€10.50****POWER SALAD (8A, 10, 12,)**

Quinoa, Mixed Seeds, Beetroot  
Toasted Almonds, Orange, Olive Oil Emulsion

**€10.50****ARAN ISLAND GOATS CHEESE SALAD (7, 10, 12)**

Pumpkin Seeds, Roasted Red Pepper,  
Pickled Red Onion, Honey Mustard Dressing

**€10.50**

### Snacks

**CHICKEN WINGS (1A, 3, 9, 10)**

Spicy BBQ Sauce, Cashel Blue Cheese Dip, Celery

**€5.50****WILD ATLANTIC FISH BITES (1A, 3, 4, 7)**

Golden Fried Herb & Fish Cakes, Yuzu Mayo

**€ 5.70****2 SOFT SHELL TORTILLA (1A, 2, 6, 9, 10, 12)**

Beef, Pork, Prawn or Veggie All Served  
with Salsa, Avocado & Lime

**€6.50****ARANCINI (1A, 3, 7, 9, 12)**

Spinach, Galway Goats Cheese, Courgette, Sun dried  
tomatoes, Risotto Croquette

**€4.70**

### Desserts

ASK YOUR WAITER FOR OUR DESSERT OF THE DAY

**APPLE & SUMMER BERRIES CRUMBLE (3, 6, 7)**

Vanilla Ice Cream & Crème Anglaise

**€7.00****ORANGE CAKE (3, 7, 8A)**

Orange Gel, White Chocolate Ice Cream, Almond  
Brittle

**€7.00**



**ALLERGENS**

1 Cereals Containing Gluten, 1a Wheat, 1b Rye, 1c Barley, 1d Oats, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Milk, 8Nuts, 8a Almond, 8b Hazelnut, 8c Walnuts, 8d Cashews, 8e Pecan Nuts, 8f Brazil, 8g Pistachio, 8h Macadamia, 8i Pine nuts, 9Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide and Sulphites, 13 Lupin, 14 Mollusc