



History of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at [Woburn Abbey](#) and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields." Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of the fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.



Savoury

Galway Goat Cheese

Galway Goats Cheese, Basil Cone, Tomato Gel

(1a, 3, 6, 7)

Honey Baked Ham

Ballymaloe Relish and Carrigaline Truffle Cheese

(1a, 6, 7, 9, 12)

Free Range Egg

Mayonnaise and Rocket Sandwich

(1a, 3, 6, 10, 12)

Connemara Salmon

Herb Cream Cheese, Seeded Bread, Trout Caviar

(1a, 2, 3, 4, 7, 10, 12)



Sweet Treats

Mille Feuille

Cardamom & Alunga Chocolate Cremeux

(1a, 3, 6, 7)

Cake

Orange & Almond, Cinnamon Cream

(3, 7, 8a)

Tart

Lemon Curd, Meringue, Summer Berries

(1a, 3, 6, 7)

Panna Cotta

Elderflower, Green Apple Jelly

(7)

From the Oven

Fruit Scone (1a,3,7,12)

Chocolate Scone (1a, 3, 6, 7, 12)

Allergen Codes:

1: Cereals containing Gluten 1a Wheat, 1b Rye, 1c Barley, 1d Oats 2: Crustaceans, 3: Eggs, 4: Fish, 5: Peanuts, 6: Soya, 7: Milk, 8: Nuts, 8a Almonds, 8b Hazelnut, 8c Walnut, 8d Cashew 8e Pecan, 8f Brazil 8g Pistachio 8h Macadamia 9: Celery, 10: Mustard, 11: Sesame Seeds, 12: Sulphur Dioxide & Sulphites, 13: Lupin 14: Mollusc



Selection of Ronnefeldt Loose Leaf Teas or Coffee

Irish Breakfast Tea- Black. We are proud to serve loose leaf Ronnefeldt Tea as our House Tea. This tea has been specially selected for its powerful, spicy Assam which produces a tea with a delicious & intense flavour

Irish Whiskey Cream – Black. The extravagant flavour of Irish Whiskey with a hint of cocoa blended with an intensely malty Assam tea

Early Grey – Black. A richly aromatic autumn Indian Darjeeling with a sparkling, fresh lemon aroma

Morgentau- Green. Morning dew, flavoured Chinese green tea with mango citrus flavours

Jasmine Pearls- Green. Hand rolled Chinese tea leaves fragranced with Freshly picked jasmine blossom giving a Light floral aroma

Moroccan Mint Herbal. Sweet Nana aromatic mint from Morocco, Refreshing & Spicy

Vanilla Rooibos- Herbal Flavoured South African herbal infusion with the delicious richness of creamy vanilla

Coffee, Pot of Medium Roast Bewley's Coffee, Filter
or Barista Regular or De-Caffeinated

Speciality Coffee's & Hot Chocolate

Espresso, Double Espresso, Cappuccino, Latte, Mocha,
& Hot Chocolate (1a,5,7)